









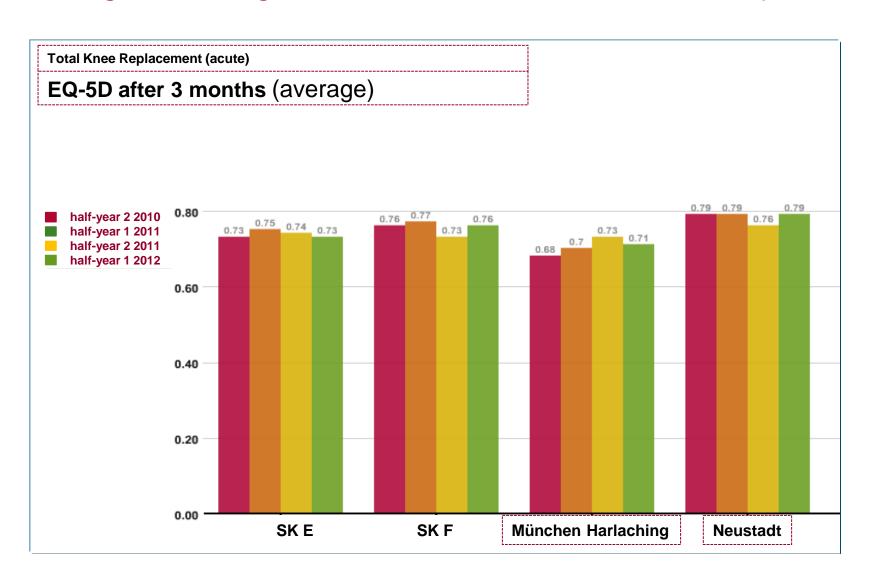
HARVARD BUSINESS SCHOOL

Time-Driven Activity-Based Costing in Health Care

Strategy in Health Care Delivery, January 2020

Professor Robert S. (Bob) Kaplan

Outcome measurement EQ-5D (quality of life): Neustadt with significant higher level than the other Schön hospitals



Outcome measurement WOMAC (functionality): Neustadt again with significant better results

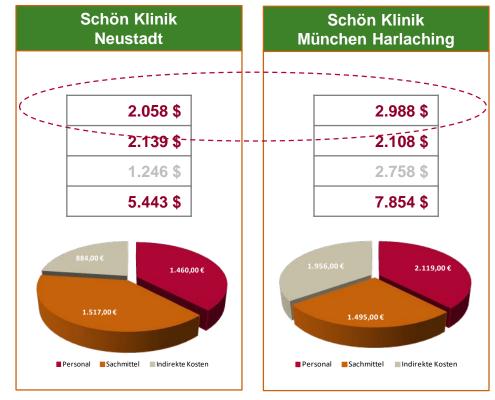




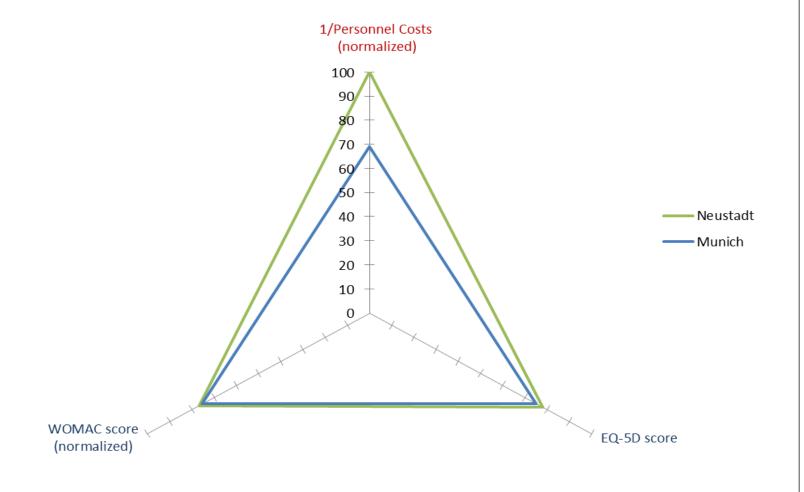
And Schön Klinik Neustadt spends considerable less resources than Schön Klinik München Harlaching

(direct costs⁽¹⁾)





Total Knee Replacements at Schön Klinik: Outcomes and Cost

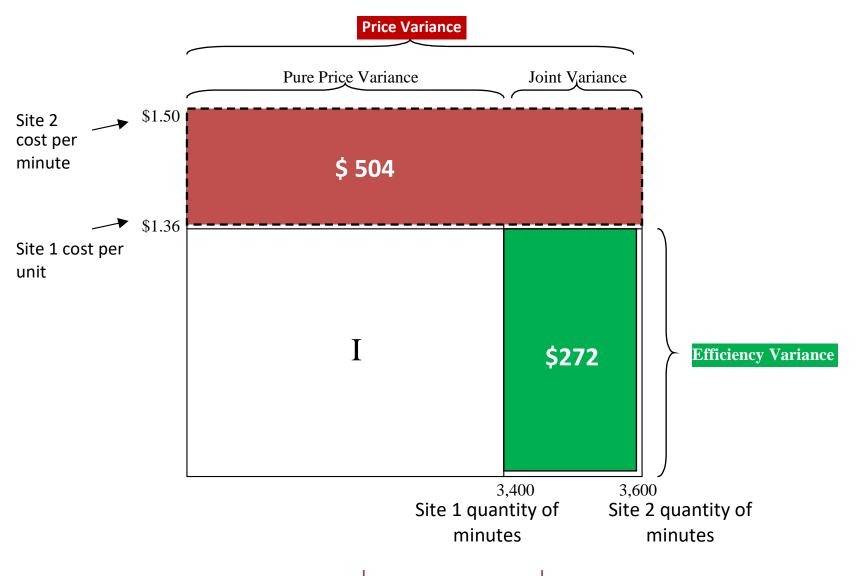


Personnel Time and Cost Variances: Neustadt versus Munich

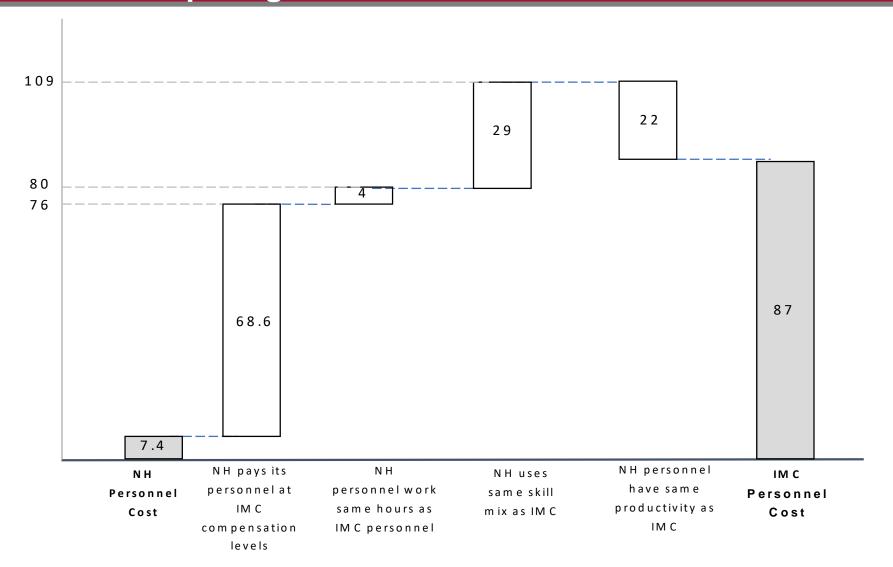
| | <u>Neustadt</u> | <u>Munich</u> | <u>Variance</u> |
|---------------------|-----------------|---------------|-----------------|
| Personnel Costs | € 2,058 | € 2,988 | € 930. U |
| | | | |
| Personnel Minutes | 1,392 | 2,043 | € 962.5 U |
| | | | |
| Average Cost/Minute | € 1.48 | € 1.46 | € 32.5 F |

The 45% cost difference (unfavorable cost variance of €930) is caused by the unfavorable personnel productivity variance at Munich.

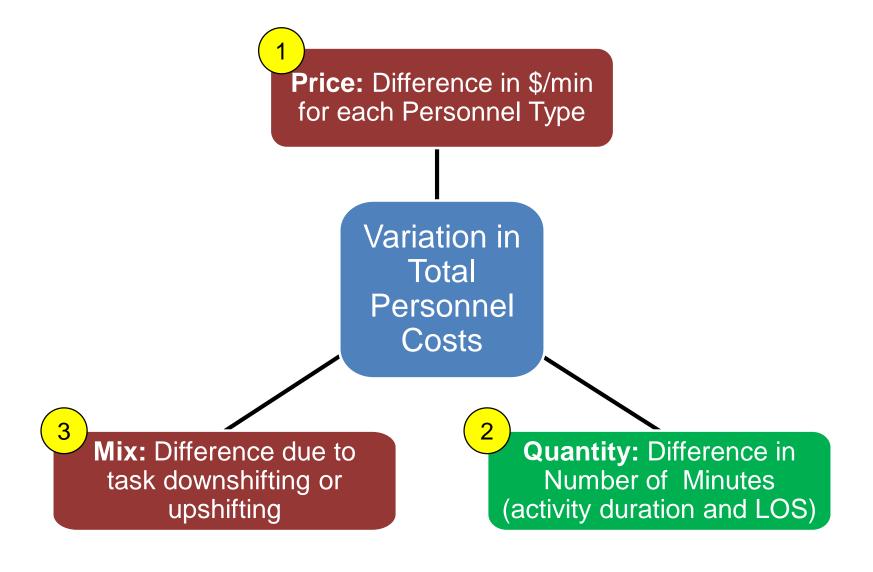
We can view the variance analysis graphically



Comparing the Personnel Costs for CABG



Benefits from Variance Analysis



Measuring Costs: We must overcome several health care costing problems.

1: Confusion of Costs with Prices (Charges)

- Currently, provider expenses are allocated to patient care based on charges or "relative value units"—neither of which is a good surrogate for the actual costs incurred
- Costs are not assigned to unbilled or unreimbursed processes and procedures

2: Wrong Unit of Analysis for Measuring Costs

 Currently, costs are measured for organizational units, clinicians, or individual procedures and events, not for the full cycle of care to treat a patient's medical condition.

3: Economists, administrators, and policy makers believe many health care costs are "fixed"

 We wish! If health care costs were fixed, we wouldn't have a health care cost crisis.

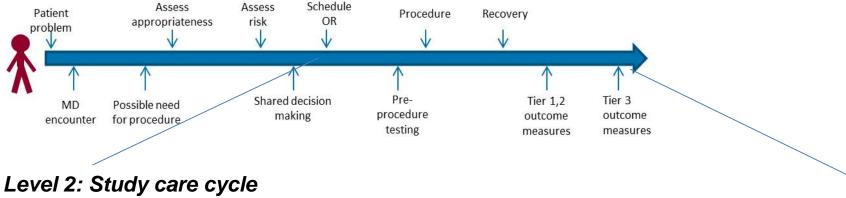
Time-Driven Activity-Based Costing (TDABC)

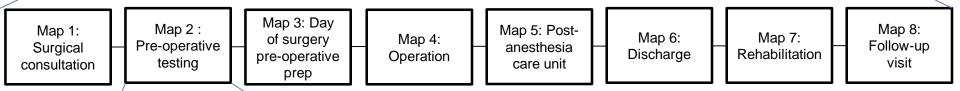
1 Determine the Care Process

- What activities are performed over the care cycle for a medical condition?
- Who performs each activity?
- How long does each activity take?
- 2 Calculate Cost Rates
- What is the cost per unit of time for each type of personnel?
- Account for Consumables
- What materials, supplies, and drugs are consumed during the care cycle?
- 4 Allocate Indirect Costs
- What are the drivers that determine the workload for each indirect department/area?

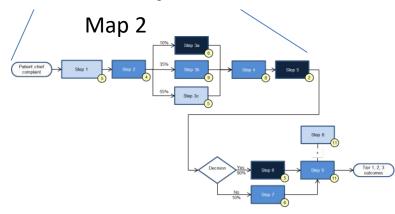
TDABC Step 1: Develop process maps for the care cycle

Level 1: Overall care cycle





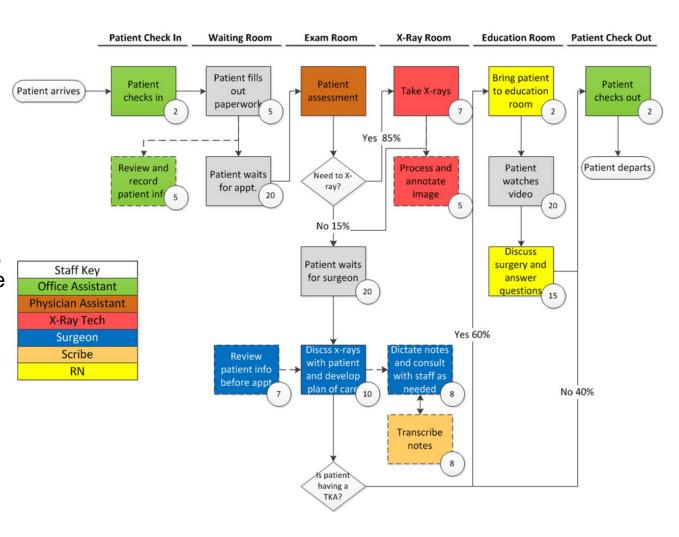
Level 3: Process maps



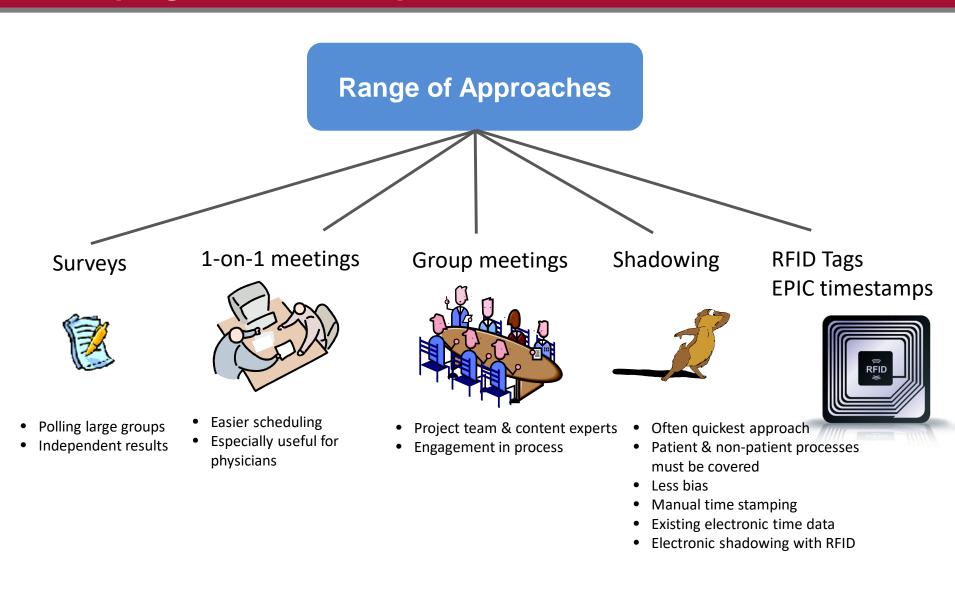
A Process Map for a Pre-Surgical Office Visit

- Process-Steps: All the administrative and clinical process-steps used over a patient's complete cycle of care for a medical condition
- Resources: Personnel, equipment, consumable medicines and supplies

 used at each process step
- Time Estimates: The personnel and equipment time used at each process step for that patient



Developing a Process Map



Communicating about TDABC to clinicians

- The goal of the project is to better understand all of the personnel time and resources that we use today to care for a patient with a particular medical condition
- You will not be evaluated at all based on the answers that you provide (may need to say this 7 times 7 different ways)
- We are simply looking for your estimates and best guesses—it is ok if you do not know a number exactly
- While we are primarily trying to gain a better understanding of all of the work and resources that are currently involved in the care cycle, we would love to hear your ideas and suggestions for how we could be providing care more efficiently and effectively

TDABC Step 2: Calculate the Capacity Cost Rate for each type of personnel and resource

- Costs: All the costs (salary, fringe benefits, occupancy, support resources)
 associated with having that person (or piece of equipment) available to
 treat patients
- Capacity: The capacity (time) that each resource (personnel, equipment)
 has available for treating and caring for patients
 - Number of days person shows up, available for clinical work
 ...multiplied by...
 - Number of minutes available per day for patient-related work (net of breaks, meetings, training, education, etc.)
- Capacity Cost Rate (\$/minute) = Resource Cost/ Resource Capacity

Calculate the Capacity Cost Rates (CCR)

Data are illustrative

| | Surgeon | Physician Assistant | RN | X-Ray Tech | Scribe | Office Assistant |
|------------------------------|-----------|------------------------|-----------|---------------|----------|---------------------|
| | Sargeon | Assistant | 100 | 10011 | Jeribe | Assistant |
| Total Clinical Costs | \$546,400 | \$120,000 | \$100,000 | \$64,000 | \$51,000 | \$61,000 |
| Personnel Capacity (minutes) | 91,086 | 89,086 | 89,086 | 89,086 | 89,086 | 89,086 |
| Personnel Capacity Cost Rate | \$6.00 | \$1.35 | \$1.12 | \$0.72 | \$0.57 | \$0.68 |

Compute total patient care costs by multiplying resource capacity cost rate by process times & summing across each patient's cycle of care

| Initial consultation | | Minutes | Cost/ minute | *Total |
|--|-------|----------------|-----------------|-----------|
| | MD | X ₁ | Y ₁ | 136.13 |
| Patient Referral Initial patient appointment- RN Initial patient appointment- MD | RN | X_2 | Y_2 | 68.04 |
| | CA | X_3 | Y_3 | 6.17 |
| | ASR | X_4 | Y_4 | 15.74 |
| | | | | \$266.08 |
| Surgical procedure | MD | X ₁ | Y ₁ | 584.99 |
| Interim Activities Before Surgery Surgery- preop holding Surgery- intraoperative | Anes. | X_2 | Y_2 | 603.89 |
| | RN | X_3 | Y_3 | 136.29 |
| | Tech | X_4 | Y_4 | 97.82 |
| Note of the control o | OR | X_5 | Y_5 | 329.16 |
| | | | | \$1752.15 |
| Follow-up or post-operative visit | MD | X ₁ | Y ₁ | 55.19 |
| Plastics surgery follow-up appointments (post-op or other) | RN | X_2 | Y_2 | 13.61 |
| | CA | X_3 | Y_3 | 3.09 |
| Figure 1 and | ASR | X_4 | Y_4 | 1.77 |
| Source: Meg Abbott, MD & John Meara, MD Boston Children's Hospital | | | | \$73.66 |

HARVARD

BUSINESS

SCHOOL

Advancing the TDABC toolkit

TDABC 1.0

TDABC 2.0

Estimates and observations



Time stamp data

 Conducting measurement at one point in time



 Analysis refreshed monthly with new data

Examining average patient



Examining patient and physician level variation

 Developing process maps from scratch



Utilizing process map templates in software

How does TDABC help providers manage their costs

Process
Improvement
and
Redesign



Radiologist

- Eliminate process steps and variations that do not contribute to improved patient outcomes
- Redesign processes to reduce waste and idle time
- Optimize processes and interventions over a complete cycle of care
- All clinicians work at the "top-of-their license"

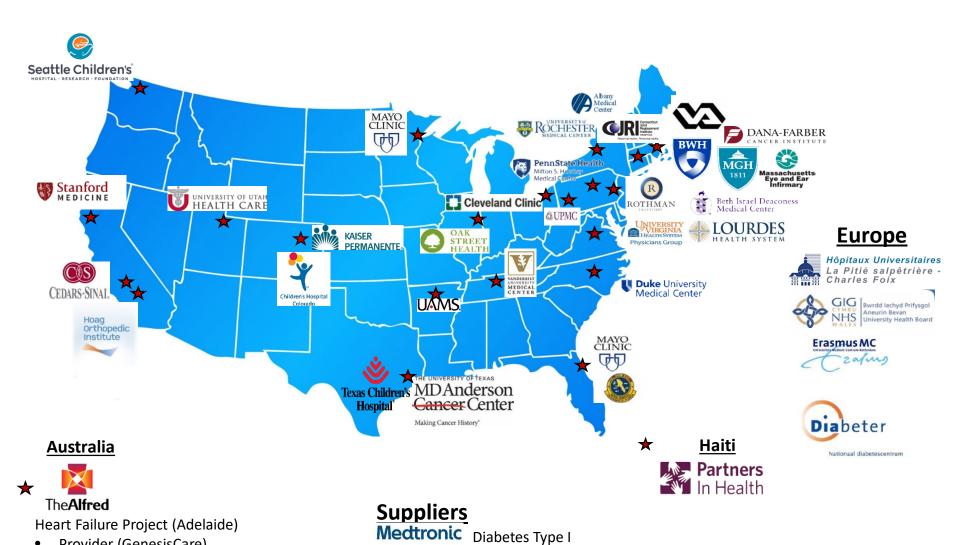
• Understand costs over the full care cycle to prepare for **bundled payment** contracts

Anesthesiologist

Hospital

Physician

TDABC projects supported by HBS team



Вира

Provider (GenesisCare)

Hospital (St. Andrews)

Payer (BUPA)

Heart Failure

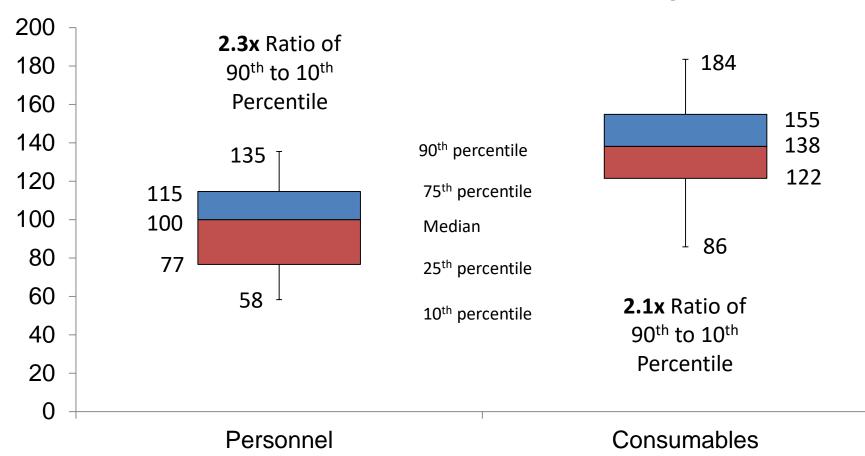
Chest Pain Management / Angina

NOVARTIS

CHOOL

Joint Replacement Learning Community: Range in total personnel and consumable costs for Total Knee Arthroscopy (TKA)

Indexed TKA Total Personnel and Consumable Costs at U.S. Organizations



N = 27; scope of care is decision for surgery through discharge plus follow-up visits within 90 days

HARVARD

BUSINESS

HOOL

The financial opportunity from using best practices to move to the next bracket.

Total Personnel and Consumable Costs

| | Percentage Savings | | | |
|--------------------|--------------------|------------|--|--|
| <u>Improvement</u> | <u>TKA</u> | <u>THA</u> | | |
| 90th to 75th | 15% | 14% | | |
| 75th to 50th | 8% | 16% | | |
| 50th to 25th | 13% | 13% | | |
| 25th to 10th | 12% | 12% | | |

Moving to next bracket produces an annual savings of > \$1 million for an organization performing 800 TJRs

Examples of Current and Recent Projects

 Opioid Use Disorders at MGH Bridge Clinic, and Century Health in Hancock County, Ohio for integrated care, using MAT and behavioral and social services interventions



- Veterans Administration Tennessee region; Behavioral Health Interdisciplinary Program (BHIP). Goal to reduce suicide-related patient events by 28% with simultaneous reduction in costs by up to 16%.
- Comparing ECMO outcomes and costs at three centers,
 Cedars-Sinai (Los Angeles), Paris, and Melbourne
- Cost of an IPU for Pediatric Aerodigestive Disorders (colocate ENT, G/I, Pulmonologist and Speech and Swallow)
- Suppliers (Medtronic, Siemens Healthineers) to estimate improvements in patient outcomes and costs from use of their products/services

Two of our students studied the cost of TB Care in Zimbabwe

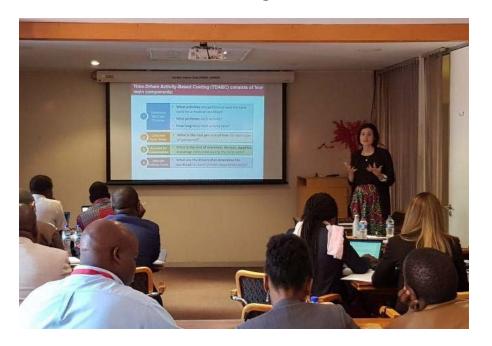
"We worked with The Global Fund to Fight AIDS, Tuberculosis, and Malaria (the Global Fund) and Ministry of Health and Child Care in Zimbabwe to pilot the concept of TDABC to estimate time and costs associated with diagnosis and treatment for TB patients and assess the applicability of this approach to low-resource settings."



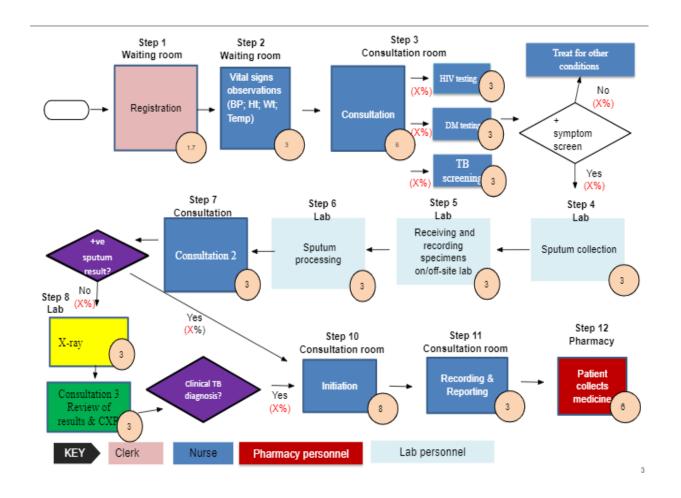


Bodnar, Katharine MBA/MPA 2019

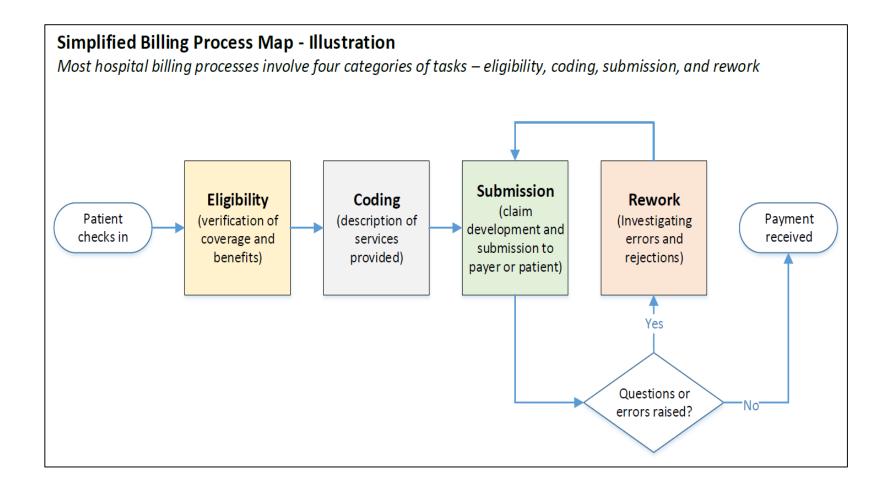
Desai, Prathna MBA/MPA 2019



Process map for diagnosis of potential TB patient



Applying TDABC to the Billing Process



Estimated Billing and Insurance-Related Administrative Costs

| Encounter | Pre- and Intra Costs | | Post-Encounter Costs, \$ | | Process Time, min | Overhead, \$ | Total Cost, \$ |
|---|-------------------------|--------------------|--------------------------|---------------------|----------------------|--------------|-------------------|
| | Registration | Physician Time | Professional Billing | Hospital Billing | | | |
| Primary care visit | 3.82 | 6.26 | 4.22 | _ | 13 | 6.10 | 20.39 |
| Emergency department visit ^a | 5.58 | 10.97 | 11.72 | 13.70 | 32 | 19.57 | 61.54 |
| Ambulatory surgery | 16.48 | 51.20 | 45.55 | 17.44 | 75 | 39.72 | 170.40 |
| Inpatient surgery | 16.48 | 51.20 | 45.55 | 44.43 | 100 | 57.43 | 215.10 |
| General inpatient stay | 16.48 | 13.29 ^b | 4.22 ^b | 44.43 | 73 | 45.84 | 124.26 |

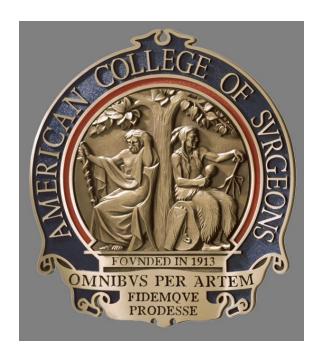
Source: Tseng, Kaplan, Richman, Shah, and Schulman, "Administrative Costs Associated with Physician Billing and Insurance-Related Activities at an Academic Health Care System," *JAMA* (February 20, 2018).

Currently, we are extending this billing cost study to hospitals in Australia, Singapore, Germany, Ireland, UK, Netherlands, and Canada



T.H.R.I.V.E.

Transforming Healthcare Results by Investing in Value & Excellence





A collaborative to promote solutions for value-based healthcare



Project Overview

Project Description

Implement comparable outcome and cost measurement sets in select conditions at leading providers throughout the U.S. and create risk adjusted benchmarks to generate systems improvement and reward high value providers.

Conditions

- 3 Surgical Conditions
 - Colon Cancer
 - Breast Cancer
 - Morbid Obesity
- Full cycle of care (including key surgical, medical, behavioral and social elements of care)

• 10-15 Sites per condition

Sites

 Leading Centers of Excellence across the U.S.

ACSTHRIVE

TRANSFORMING
HEALTH CARE
RESOURCES TO
INCREASE
VALUE &
EFFICIENCY

Measurement

- Measure outcomes and cost at the condition level
- Create playbook for implementation
- Develop scalable approach for risk adjusted benchmarking and systems improvement
- Inform value-based payments





Elements of the ideal partner organization

Strong Leadership Support

- Senior leadership is committed to improving the value of care that it delivers and to pursuing value-based payment mechanisms
- Finance organization recognizes the potential benefits from adopting TDABC for measuring costs over a complete care cycle
- Clinical leader excited to understand cost drivers and explore performance improvement opportunities

Exceptional Project Team

- Project leader, respected by both Finance and clinicians; strong project management skills are essential; basic familiarity with medical condition
- Financial analyst who has ability to access necessary data
- Clinical operations/ performance improvement person familiar with the medical condition
- Physician adviser

Alignment of Goals

Partner organization

- willing to act on TDABC information to reduce costs, improve outcomes, redesign processes, and introduce value-based (bundled) payments.
- excited to collaborate with HBS to achieve its clinical and management objectives
- interested in collaborating with HBS to produce publications and cases

Publications with HBS team on applying TDABC in Practice: 2014-present

```
"How Cleveland Clinic Used TDABC to Improve Value" HFM (June 2014)
```

[&]quot;Using Time-Driven Activity-Based Costing to Identify Value-Improvement Opportunities in Health Care," Journal of Healthcare Management 59:6 (2014): 399-413

[&]quot;The Mayo Clinic Model for Running a Value-Improvement Program." https://hbr.org/2015/10/the-mayo-clinic-model-for-running-a-value-improvement-program

[&]quot;Health Care Providers Need a Value Management Office" https://hbr.org/2015/12/health-care-providers-need-a-value-management-office

[&]quot;Time-driven activity-based costing: a driver for provider engagement in costing activities and redesign initiatives" Neurosurgical Focus (Nov 2014).

[&]quot;Time-Driven Activity-Based Costing in Emergency Medicine," The Practice of Emergency Medicine/Concepts. 2015.

[&]quot;Time-Driven Activity-Based Costing in Interventional Radiology," Journal of Vascular and Interventional Radiology (December 2015) 26:12. 1827-1831.

[&]quot;Time-driven activity-based costing of multi-vessel coronary artery bypass grafting across national boundaries to identify improvement opportunities:" BMJ Open. 2015

[&]quot;Defining the Value Framework for Prostate Brachytherapy using Patient-Centered Outcome Metrics and Time-Driven Activity-Based Costing" Brachytherapy 2016

[&]quot;Drivers of the Variation in Prosthetic Implant Purchase Prices for Total Knee and Total Hip Arthroplasties" J Arthroplasty Volume 31, Issue 1, January 2016.

[&]quot;Variation in the cost of care for primary total knee arthroplasties," Arthroplasty Today (2016), http://dx.doi.org/10.1016/j.artd.2016.08.001

[&]quot;Time-Driven Activity-Based Costing of a Post-acute Care Transitions Program in a Primary Care Practice," HFM Magazine (July 2016).

[&]quot;Communicating Value in Healthcare using Radar Charts: A Case Study of Prostate Cancer," Journal of Oncology Practice (September 2016).

[&]quot;Time-driven activity-based costing to identify opportunities for cost reduction in pediatric appendectomy," Journal of Pediatric Surgery 51 (2016) 1962-1966.

[&]quot;Time-driven activity-based costing for surgical episodes," JAMA Surgery (online November 2, 2016)

[&]quot;Dissecting Costs of CT Study: Application of TDABC in a Tertiary Academic Center," Academic Radiology, 24:2 (February 2017), 200-208.

[&]quot;Time-Driven Activity-Based Costing to Estimate Cost of Care at Multidisciplinary Aerodigestive Centers," The Laryngoscope (21 June 2017)

[&]quot;Activity-based costing of health-care delivery, Haiti," WHO Bulletin (2018)

[&]quot;ECMO Appropriateness - an Interdisciplinary Consensus Based Approach," Anesthesia and Analgesia (2017).

[&]quot;Financial Analysis of Pediatric Resident Physician Primary Care Longitudinal Outpatient Experience," Academic Pediatrics (2018).

[&]quot;Defining, measuring and improving value in spine care," Seminars in Spine Surgery (June 2018) 30(2): 80-83.

[&]quot;TDABC Cost Analysis of Ocular Disorders in an Ophthalmology Emergency Department versus Urgent Care: Clinical Experience at Massachusetts Eye and Ear," Journal of Academic Ophthalmology (2018; 10:e55-e60).

[&]quot;Hospital Budget Systems are Holding Back Innovation," HBR Insight Center (March 29, 2018).

[&]quot;Administrative Costs Associated with Physician Billing and Insurance-Related Activities at an Academic Health Care System," JAMA (February 20, 2018).

[&]quot;Lessons from Mayo Clinic's Redesign of Stroke Care," HBR Insight Center (October 2018). https://hbr.org/2018/10/lessons-from-mayo-clinics-redesign-of-stroke-care

[&]quot;Financial Analysis of Pediatric Resident Physician Primary Care Longitudinal Outpatient Experience," Academic Pediatrics (2018), https://doi.org/10.1016/j.acap.2018.05.001

[&]quot;Defining, measuring and improving value in spine care," Seminars in Spine Surgery (June 2018) 30(2): 80-83.

[&]quot;TDABC Cost Analysis of Ocular Disorders in an Ophthalmology Emergency Department: Clinical Experience at MEE," Journal of Academic Ophthalmology (2018; 10:e55-e60).

[&]quot;Hospital Budget Systems are Holding Back Innovation," HBR Insight Center (March 29, 2018

[&]quot;Navy Medicine Introduces Value-Based Health Care," Health Affairs (August 2019) 38:8

[&]quot;Evaluation of Economic and Clinical Outcomes Under Centers for Medicare & Medicaid Services Mandatory Bundled Payments for Joint Replacements." JAMA Internal Surgery June 2019,

[&]quot;A Time-Driven Activity-Based Costing Analysis of Emergency Department Scribes," Mayo Clinic Proceedings: Innovations, Quality & Outcomes (3:1) March 2019: 30-34.

[&]quot;Time-Driven Activity-Based Cost Analysis for Outpatient Anticoagulation Therapy: Direct Costs in a Primary Care Setting," Journal of Medical Economics. 2019.

[&]quot;Achieving Value in Highly Complex Acute Care: Lessons from the Delivery of Extra Corporeal Life Support," NEJM Catalyst (October 2019).

[&]quot;Using Time-Driven Activity-Based Costing to Demonstrate Value in Perioperative Care: Recommendations from the Society for Perioperative Assessment and Quality Improvement," Journal of Medical Systems (December 2019).

Initial project timeline

- 1-2 months to prepare for project
 - Set objectives, scope, and timeline; ensure relevant parties bought in
 - Staff project team
- 3-4 months to execute on project
 - Aim for about 1 week per process that is being mapped
 - Schedule midpoint and final meetings in advance

Charter Template for a TDABC Project

| Project Name: | (please use italics for responses) | | | |
|-----------------------------|---|--|--|--|
| Description | What is the overview of the project? | | | |
| Medical Condition | Unit of analysis is a medical condition (or an indirect department) | | | |
| Problem Statement | What is the opportunity? | | | |
| Outcomes | How will outcomes be maintained or improved as we change the process? | | | |
| Reference Point | Comparing multiple sites or different treatment pathways helps create case for change. | | | |
| Care Cycle Scope | Which treatments, and how much of the care cycle for each is within scope? . | | | |
| | Which types of costs are in scope? Personnel costs are typically larger than | | | |
| Scope of Types of Costs | consumables costs, which are typically larger than facility costs. | | | |
| | The level of detail depends on the problem you are solving. The primary choice is | | | |
| Level of Detail | between the process (higher) level of detail and activity (lower) level of detail | | | |
| Implementation | What are the actionable steps? How will it be implemented? Form project team in XX/XXXX; conduct data collection and analysis XXXX-XXXX. Implement TDABC approach in XXXX | | | |
| Publication | What is being published? Where is it being presented? | | | |
| Project Leadership and Team | | | | |
| Executive Sponsor | | | | |
| Steering Committee | | | | |
| Project Manager/Leader | | | | |
| Physician Lead | | | | |
| Finance Analyst | | | | |
| Process Mapper/Process | | | | |
| Engineer/Value Engineer | | | | |
| Additional Team Members | | | | |

Questions

Dr. Mahek Shah mashah@hbs.edu

Dr. Syed Shehab sshehab@hbs.edu